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w w w . z o n o . f i t





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# PUNCHING BAG

The ZN001 is a professional punching bag designed for use both in fitness clubs and at home. It is a high-quality product characterized by exceptional durability and reliability.



ZN 001 S

**PUNCHING  
BAG SMALL**

Dimension:  
Material:

40 x 115 cm  
reinforced PVC



ZN 001 M

**PUNCHING  
BAG MEDIUM**

40 x 125 cm  
reinforced PVC



ZN 001 L

**PUNCHING  
BAG LARGE**

40 x 160 cm  
reinforced PVC

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# ANKLE & WRIST WEIGHTS

Weights useful in strength training. They add resistance during the raises, abductions and adductions. Their additional advantage is the double-layer, durable finish and the high-quality material that doesn't absorb the sweat.



**ZN 002 050**  
**ANKLE WEIGHTS 0,5KG**

Dimension: 320 x 90 mm



**ZN 002 075**  
**ANKLE WEIGHTS 0,75KG**

Dimension: 310 x 100 mm



**ZN 002 100**  
**ANKLE WEIGHTS 1,0KG**

Dimension: 310 x 110 mm



**ZN 002 150**  
**ANKLE WEIGHTS 1,5KG**

Dimension: 310 x 140 mm



**ZN 002 200**  
**ANKLE WEIGHTS 2,0KG**

Dimension: 290 x 130 mm



**Specification:**

**Material:** synthetic leather

**Size:** universal

**Weight:** from 0.5 kg to 2.0 kg

Weights useful in strength training. They add resistance during the raises, abductions and adductions. Their additional advantage is the double-layer, durable finish and the high-quality material that doesn't absorb the sweat.



ZN 003 050

## WRIST WEIGHTS 0,50KG

Dimension: 330 x 100 mm



ZN 003 075

## WRIST WEIGHTS 0,75KG

Dimension: 320 x 110 mm



ZN 003 100

## WRIST WEIGHTS 1,0KG

Dimension: 320 x 110 mm



ZN 003 150

## WRIST WEIGHTS 1,5KG

Dimension: 310 x 120 mm



ZN 003 200

## WRIST WEIGHTS 2,0KG

Dimension: 310 x 140 mm



### Specification:

**Material:** neoprene

**Size:** universal

**Weight:** from 0.5 kg to 2.0 kg





**ZN 009 02**  
**SANDBAG 2,0KG**

Material: **polyester**

**ZN 009 05**  
**SANDBAG 5,0KG**

Material: **polyester**



**ZN 009 10**  
**SANDBAG 10KG**

Material: **polyester**



**ZN 009 20**  
**SANDBAG 20KG**

Material: **polyester**



# BULGARIAN BAG

ZN 005



**Specification:**

Material: **polyester, synthetic leather**

Weight: **10 kg**

Dimension: **760 x 190 mm**

# DIP BELT

ZN 007

ZN 007 is a fitness accessory that can be used both by men and women to make their dip/pull-up training more effective. It is made from high-quality polyester and can lift up to 50kg of the additional weight.

Essential equipment for training the neck and upper back muscles. Made of the highest quality materials that provide protection against skin abrasions. Adjustable velcro straps ensure a proper fit to the head.

# HEAD HARNESS

ZN 008



#### Specification:

Material: **polyester, steel**  
Size: **universal**  
Weight: **1,5 kg**  
Belt dimensions: **720 x 190 mm**  
Chain length: **120 cm**



#### Specification:

Material: **polyester, steel**  
Size: **universal**  
Weight: **0,95 kg**  
Chain length: **40 cm**



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# WEIGHT VEST

- ▶ **Compact and comfortable design suitable for all levels of fitness**
- ▶ **Reflective elements for running training**
- ▶ **Fixed weight position**

ZONO weight vest - 5 kg is made of high-quality nylon material and does not restrict the user's movements. The vest is attached with a chest strap with a buckle and is suitable for any figure. The ZN004 weight vest is the best way to instantly accelerate your training and get better results in the shortest possible time! Perfect for running crossfit training and other fitness exercises!

FRONT



BACK



ZN 004 01

**WEIGHT VEST 5KG**



**Specification:**

Material: **neoprene**

Size: **universal**

Weight: **5,0 kg**



ZN 004 02

**WEIGHT VEST 5 KG**



ZN 004 03

**WEIGHT VEST 5 KG**

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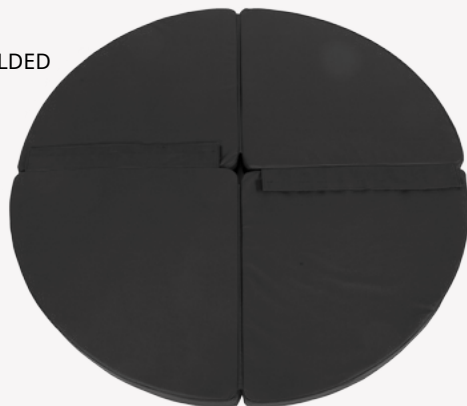
# GYMNASTIC MATTRESS

No matter which aerial apparatus you work on, you will only enjoy your aerial performance to the fullest, when you feel completely at ease and know that you are safe. Luckily our Crash Mats will give you exactly this security and will give you the additional luxury of not worrying about any injuries throughout your workouts.

The mats are comfortably soft and ensure a pleasurable landing, even if it is not pre-planned in your performance, while simultaneously featuring a supporting firmness that makes it convenient for you to initiate any routine in the air. All mats come with an especially long-lasting and durable covering, to make sure that you will stay safe in the long-run and provide an especially easy cleaning process. Our mats are easily moveable thanks to their transporting handles.



UNFOLDED



**ZN 011 120**  
**GYMNASTIC MATTRESS**  
**ROUND 120**

Diameter:  $\varnothing$  120 cm  
Mattress thickness: 10 cm  
Weight: 8,0 kg

FOLDED



**ZN 011 150**  
**GYMNASTIC MATTRESS**  
**ROUND 150**

Diameter:  $\varnothing$  150 cm  
Mattress thickness: 10 cm  
Weight: 10,0 kg

UNFOLDED



**ZN 012**  
**GYMNASTIC MATTRESS**  
**SQUARE**

Diameter: 110 x 190 cm  
Mattress thickness: 10 cm  
Weight: 8,0 kg

FOLDED



Specification for all:

Material: foam 100% PU - T25,  
synthetic leather + anti-slippery bottom

Color:  

# FITNESS BAG



**ZN 020**

## **FITNESS BAG 50L**

Dimension: 50 x 25 x 26 cm  
Capacity: 50 l  
Material: polyester



**ZN 021**

## **FITNESS BAG 50L**

Dimension: 29 x 29 x 60 cm  
Capacity: 50 l  
Material: polyester





**ZN 022**

**FITNESS BAG 5L**

Dimension: 14 x 33 x 22 cm  
Capacity: 5 l  
Material: reinforced PVC



**ZN 023**

**FITNESS BAG 20L**

Dimension: 21 x 50 x 30 cm  
Capacity: 20 l  
Material: reinforced PVC



**ZN 024**

**FITNESS BAG 50L**

Dimension: 25 x 70 x 30 cm  
Capacity: 50 l  
Material: reinforced PVC



**ZN 025**

**FITNESS BAG 50L**

Dimension: 30 x 30 x 60 cm  
Capacity: 50 l  
Material: reinforced PVC

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# AERIAL EQUIPMENT

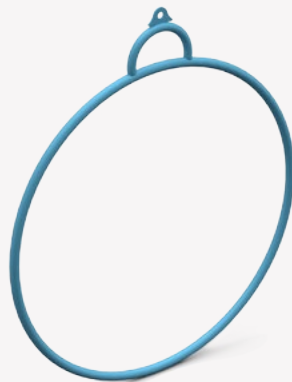
## AERIAL HOOP

All of them are made from high-quality, powder-coated, steel. Different sizes, colors and hangings options are available for order. Our 2 - handles aerial hoops comply with International Pole Sports Federation requirements.



### ZN 202

Inner diameter: **875 - 1020 mm**  
Outside diameter: **900 - 1050 mm**  
Tube diameters: **ø 25 - 30 mm**  
Weight: **7 - 10 kg**  
Material: **steel powder coated**



### ZN 203

Inner diameter: **875 - 1020 mm**  
Outside diameter: **900 - 1050 mm**  
Tube diameters: **ø 25 - 30 mm**  
Weight: **7 - 10 kg**  
Material: **steel powder coated**



### ZN 204

Inner diameter: **875 - 1020 mm**  
Outside diameter: **900 - 1050 mm**  
Tube diameters: **ø 25 - 30 mm**  
Weight: **7 - 10 kg**  
Material: **steel powder coated**

- ▶ **Breaking load: 1400-5000kg**
- ▶ **Working load: 300-140 kg (depending on safety factor)**



### ZN 208

## AERIAL HEART

Custom-designed aerial equipment is available.

We are experienced in producing different shapes of aerial hoops:

- ▶ **heart shape**
- ▶ **trapeze**
- ▶ **cubes**
- etc.



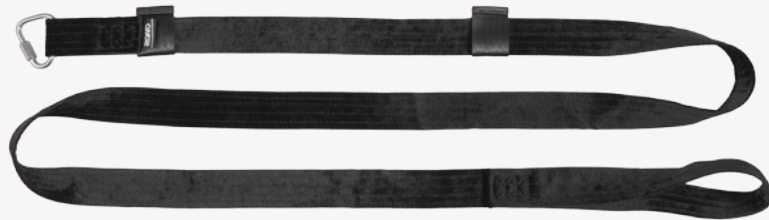
Length version:

**0.5 M, 1.0 M, 1.5M, 2.0M**

**ZN 260**

**AERIAL TAPE**

Color version: ● ● ● ●



**ZN 261**

**AERIAL TAPE**

Length: 3,0 m  
Material: polyester



**ZN 085**

**REGULATION TAPE**

Length: 1900 mm  
Width: 25 mm  
Material: polyester



**ZN 270**

**AERIAL TAPE FITTING**

Weight: 2,16 kg  
Material: steel



**ZN 014**

## **CEILING ANCHOR 12KN**

Aluminum ceiling anchors can be used for fixing aerial hoops, aerial silks, and other aerial equipment.

Material: **aluminum**  
Strength: **12 kN (all directions)**  
Dimensions: **135 x 64 x 62 mm**



**ZN 231**

## **CEILING FITTING**

Weight: **2,53 kg**  
Material: **steel**  
Strength: **30 kN**

**ZANO**

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ZN 300

# PORTABLE AERIAL FRAME



## ZN 300 PORTABLE AERIAL FRAME

ZN300 is a safe and reliable, flodable frame, dedicated for both for outdoor and indoor aerial activities such as:

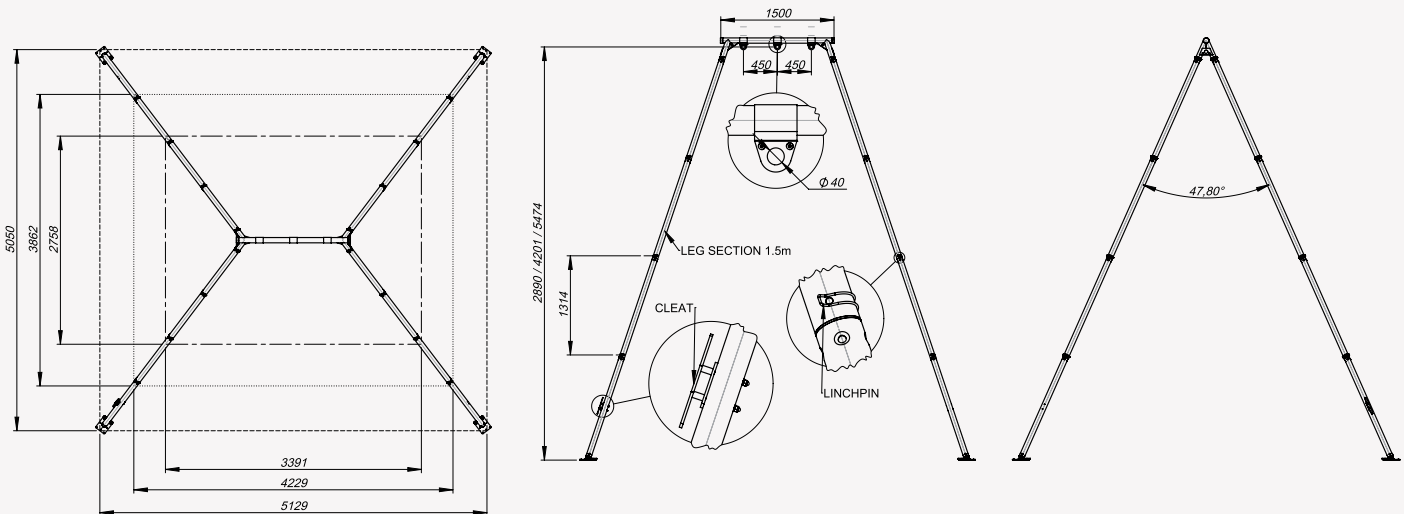
- ▶ aerial yoga hammock
- ▶ aerial silks
- ▶ aerial hoop
- ▶ aerial straps
- ▶ aerial dance
- ▶ aerial trapeze

### SPECIAL FEATURES:

- ▶ durable aluminum construction
- ▶ short assembly time (less than 10 minutes)
- ▶ modular construction with 3 eligible height (2.9 m, 4.2 m or 5.5 m)
- ▶ 6,6 m version (different top bar)
- ▶ both for indoor and outdoor use
- ▶ safety confirmed by endurance tests and EN 795 standards
- ▶ CE certified



## ZN 220 150 AERIAL FRAME TRANSPORT CART



### Version:

Height options: **2.9 meters (8 pipes)**  
footprint of 2,76 m x 3,39 m

**4,2 meters (12 pipes)**  
footprint of 3,86 m x 4,23 m

**5,5 meters (16 pipes)**  
footprint of 5,05 m x 5,12 m

Strength: BLL min. 20kN = 2000kg, max. 30kN = 3000kg  
(We are testing rigs from every production batch) WLL up to 200kg

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ZN 220

# PORTABLE AERIAL FRAME



## ZN 220

# PORTABLE AERIAL FRAME FOR KIDS

ZN 220 is a safe and reliable, flodable frame for kids. It is dedicated for both for outdoor and indoor aerial activities such as:

- ▶ aerial yoga hammock
- ▶ aerial silks
- ▶ aerial hoop
- ▶ aerial straps
- ▶ aerial dance
- ▶ aerial trapeze

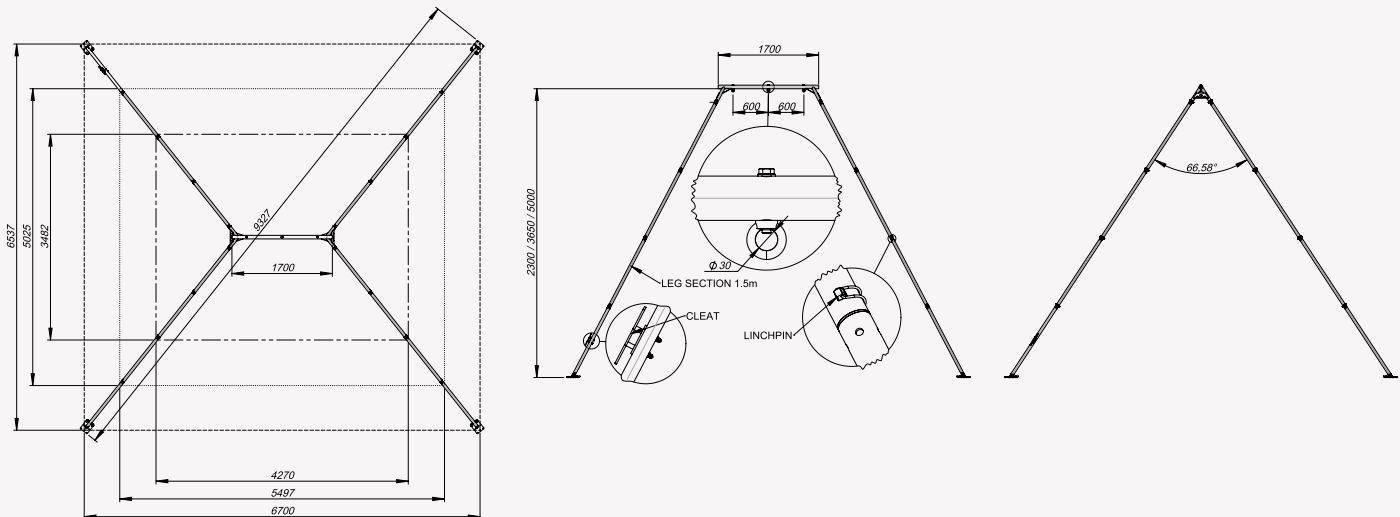
### SPECIAL FEATURES:

- ▶ durable aluminum construction
- ▶ short assembly time (less than 10 minutes)
- ▶ modular construction with 3 eligible height (2.3 m, 3.65 m or 5.0 m)
- ▶ 6,6 m version (different top bar)
- ▶ both for indoor and outdoor use
- ▶ safety confirmed by endurance tests and EN 795 standards
- ▶ CE certified



## ZN 220 150

# AERIAL FRAME TRANSPORT CART



### Version:

Height options: **2,3 meters (8 pipes)**  
footprint of 3,45 m x 4,27 m

**3,65 meters (12 pipes)**  
footprint of 5,03 m x 5,48 m

**5,0 meters (16 pipes)**  
footprint of 6,54 m x 6,70 m

Strength: BLL min. 20kN = 1000kg  
(We are testing rigs from every production batch) WLL up to 70 kg

# FITNESS TRAMPOLINE

- ▶ maximum load of 120 kg
- ▶ handle height 126 cm
- ▶ height from the mat to the ground 30 cm
- ▶ 150 cm hexagonal frame



ZN 210  
**FITNESS TRAMPOLINE 150**



The ZN210 is a professional trampoline designed for use both in fitness clubs and at home. It is a high-quality product characterized by high durability and reliability.

Handle height: **126 cm**  
Working load: **120 kg**  
Weight: **11,00 kg**  
Material: **steel powder coated, polypropylen**

A man with tattoos and a woman with a barbell in a gym. The man is crouching on the left, wearing a white t-shirt and black shorts, looking towards the woman. The woman is on the right, wearing a black tank top and leggings, performing a lunge with a barbell on her shoulders. The background shows a large window and gym equipment.

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# BARBELL & FITNESS BAR

## ZN 280 **FITNESS BAR 140**

Dedicated for body shaping training,  
ZN 280 fitness bars are available for order in different weight (3kg, 4 kg, 5kg, 6kg) and colours.

Lenght: **140 cm**  
Material: **steel, powder coating**

**Weight version:**  
**3KG, 4 KG, 5KG, 6KG**



## ZN 285 **BARBELL BAR 140**

ZN 285 is a piece of essential equipment for each workout. This basic barbell together with weight plates can be both used during group and individual strength training.

Lenght: **140 cm**  
Tube diameters: **25 mm**  
Weight: **1,85 kg**  
Material: **steel, powder coating**



- ▶ bungee fitness
- ▶ suspension training
- ▶ aerial training

# BUNGEE FITNESS HARNESS

ZN 013

## BUNGEE FITNESS HARNESS



Harness weight: **285 g**  
Tape weight: **800 g**  
Material: **polyester**

ZN 008 is a multi-purpose fitness harness for both women and men dedicated for activities. It is made from durable and comfortable materials. Different colors and sizes are available for order.



# zono



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